

INFECTIOUS DISEASES

<i>DISEASE</i>	INCUBATION PERIOD	SYMPTOMS	COMMUNICABILITY	CONTROL OF CASES	CONTROL OF CONTACTS
CHICKEN POX / SHINGLES	10 - 21 Days	Slight fever	1-2 days before rash	Exclusion until all lesions are	May notify classroom
(Varicella)	typically 14-16 days	Cold like symptoms	appears until ALL lesions	crusted over. Shingles -	parents.
		Clear pustules	are crusted over	exclusion unless rash is	Notify State of RI - DOH.
			Direct contact / resp. secretions	completely covered or crusted	Vaccine.
FIFTH'S DISEASE	4 - 28 days	Bright red rash on cheeks,	Before rash appears.	No exclusion	Notify classroom parents.
(Pavovirus B 19)	Before rash appears	trunk and extremities	Spread through droplets.		Notify staff, If anyone is
		Low fever, HA, cold			pregnant, recommend
					notifying obstetrician.
HAND, FOOT & MOUTH	3 - 7 days Before signs	Sores, fever, rash	Until signs and symptoms	Do not exclude anyone well	None.
DISEASE	and symptoms are		begin. Spread through stool,	enough to attend school.	
(Coxsackie virus)	manifested.		& resp. secretions/droplets.		
HEPATITIS A VIRUS	2-8 weeks	Jaundice, fatigue, abd.	2 weeks before the illness	Exclude for 1 week after	Notify parents and staff.
		pain, lost of appetite,	begins until 1 week after,	onset of signs and symptoms	Hep A vaccine.
		nausea, diarrhea,	while virus is present in	or until jaundice has	
		fever.	stool.	disappeared.	
HEPATITIS B VIRUS	3 -6 months	Jaundice, fatigue, abd.	Organism found in blood and	Exclude until fever and	Hepatitis B vaccine
		pain, n/v, joint pain	body fluids during illness.	jaundice disappear.	Universal precautions!!
			Patient may be chronic	Avoid High Risk behaviors.	Hand washing
			carrier.		
HEPATITIS C VIRUS	Variable - Patient may	80% have NO symptoms.	Individuals are chronic	Exclude until fever and	Universal precautions!!
	be asymptomatic.	Jaundice, fatigue, abd.	carriers.	jaundice have disappeared.	Handwashing
		pain, n/v, dark urine, loss			
		of appetite.			Test if high risk.
		Liver disease.			

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IMPETIGO	4 - 10 days	Red pimple-like lesions / blisters with weeping and yellow crust.	As long as lesion exists through direct & indirect contact.	Exclude until treated with antibiotic ointment for at least 24 hours.	Watch for lesions on other students in class. Handwashing!
MENINGOCOCCAL ILLNESS	1 - 4 days.	Fever, HA, stiff neck, nausea, vomiting	For 24 hours after beginning antibiotic therapy.	Exclusion until they have taken Rifampin for 48 hours and are feeling well.	Notification of all parents and staff. Close surveillance of contacts.
MONONUCLEOSIS	4 - 6 weeks (usually 7-14 days)	Fever, sore throat, swollen lymph glands	Unknown Weeks	No exclusions	Avoid contact with saliva or respiratory secretions.
PEDICULOSIS	10 days to 2 weeks	Itchy scalp Evidence of nits.	Until treatment is completed.	Immediate exclusion for live lice until treated. Remove all nits.	Check students in classroom. Check siblings in schools.
PERTUSSIS (WHOOPIING COUGH)	5 - 10 days before severe cough begins.	Cold symptoms, mild to severe cough with thick secretions.	1 - 3 weeks	Exclude until 3 weeks after onset of cough or 5 days after appropriate antibiotic therapy.	All individuals who have direct contact must be treated with antibiotic. Vaccine.
CONJUNCTIVITIS (Pink Eye)	24 - 72 hours	Itchy, burning, red, watery eyes. Purulent drainage, crust.	While inflammation and/or drainage is present. Until antibiotic treatment for 24 hours.	Exclusion until antibiotic treatment for 24 hours.	Avoid touching eyes. Do not share towels, pillowcases, make-up. Replace cosmetics after healed.
RINGWORM (TINEA)	10 - 14 days after contact.	Flat, round reddish patches	Direct or indirect contact. As long as the fungus is in the infected area.	Exclude until 24 hours of appropriate treatment.	Surveillance of contacts. Disinfect common areas.
SCABIES	2 - 21 days	Intense itching - esp. in webs of fingers, wrists, elbows.	Until all mites and eggs are destroyed.	Exclude until treatment with fungus killing medicines is complete.	Surveillance of contacts. Avoid contact.
STREP INFECTIONS (STREP THROAT, SCARLET FEVER, RHEUMATIC FEVER)	2 - 5 days	Sore throat, white patches on tonsils, red rash on chest, abd. Fever.	Until 24 hours of treatment with antibiotic.	Exclude until treated for 24 hours.	Avoid direct/indirect contact.